

Standardized Care For NAS Infants



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(For Sparrow NAS TEAM)

Develop Standardized Care For NAS Infants Based On Available Evidence

Objective:

Establish patient and family centered interdisciplinary plan of care for babies born to women who have suspected or documented drug (illicit substance) use or abuse during pregnancy. Infants at risk for Neonatal Drug Withdrawal Syndrome will be identified in a timely manner and appropriate interventions initiated.

KISSES

IF I am having problems with You can help me with.....

- ❖ **Shaking or trembling arms/legs.**
- ❖ **I'm crying for long periods of time.**
- ❖ **Gastric- spitting up, watery stools, difficulty feeding**
- ❖ **Nasal stuffiness and sneezing**
- ❖ **Sleeplessness – I'm awake and fussy less than 1 hour after feeding**
- ❖ **Kep my room lights down and play soft music**
- ❖ **I need my sleep!!! Do not disturb me.**
- ❖ **Speak in soft voices around my crib.**
- ❖ **Swaddle me in a light blanket and help me maintain flexion with hands to my mouth. Use gentle swaying in the "C" position.**
- ❖ **Skin care- prevent break down by using diaper creams and skin lotions.**

**I need "KISSES"
to help calm me!**

List the things that increase my problem SIGNS:

- 1.
- 2.

- ❖ **Evaluate my "signs" of stress. Observe for color changes, sneezing, arcing, hiccups.**
- ❖ **Sucking- Offer me a pacifier, support my chin and cheeks while eating, use a single hole nipple, rub my back during burping.**

CIRCLE THE THINGS THAT HELP ME MOST

ATTITUDE SURVEY

True or false

1. In general, illegal drugs seem to have more serious consequences for prenatally exposed babies than legal drugs.
2. Drug abuser often have family member or significant others who also abuse drugs or alcohol.
3. Babies exposed to legal or illegal drugs in the womb may be born premature and underweight.
4. Drug abuse often means chaotic, stress-filled homes and child neglect.

Likert-scale 1-5

5. Women who abuse drugs during pregnancy are more concerned with themselves than with their baby.
6. Prenatal drug and alcohol use should be considered a form of child abuse.
7. Taking care of infants who are born sick or addicted as the result of their mother's drug abuse places an unfair burden on society.
8. When I hear about the effects of drugs and alcohol abuse on infants, I feel angry at their mothers.
9. The mother is responsible for the damage done to her unborn child by drugs or alcohol.
10. I have the same regard for addicts that I have for patients with high blood pressure or diabetes.
11. Patients with substance abuse issues are hard to deal with.
12. Methadone therapy is just another addiction.
13. Babies whose mothers are on methadone should be discharged to foster-care.
14. Babies whose mothers are substance abusers should be discharged to foster-care.
15. I would encourage a mother on methadone to breast feed her baby.
16. I would volunteer to care for a baby whose mother is substance abusers.
17. I understand how addiction affects the brain
18. I have had adequate training about substance abuse to provide good care to my infant patient and its family.



- **RNs, physicians, plus ancillary (Lab, RT, Tech)**
- **Neonatal, Labor and Delivery, Mother-Baby**

What's Next

- **Educate staff about myths regarding substance abuse**
- **Educate staff about scoring NAS infants**
- **Staff and Parent teaching for KISSES**